# 2011 Guidelines for Field Triage of Injured Patients

## Measure vital signs and level of consciousness

<table>
<thead>
<tr>
<th>Measure</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Glasgow Coma Scale</td>
<td>≤13</td>
</tr>
<tr>
<td>Systolic Blood Pressure (mmHg)</td>
<td>&lt;90</td>
</tr>
<tr>
<td>Respiratory Rate</td>
<td>&lt;10 or &gt;29 breaths per minute, or need for ventilatory support (&lt;20 in infant aged &lt;1 year)</td>
</tr>
</tbody>
</table>

**Transport to a trauma center.** Steps 1 and 2 attempt to identify the most seriously injured patients. These patients should be transported preferentially to the highest level of care within the defined trauma system.

## Assess anatomy of injury

- All penetrating injuries to head, neck, torso, and extremities proximal to elbow or knee
- Chest wall instability or deformity (e.g., flail chest)
- Two or more proximal long-bone fractures
- Crushed, degloved, mangled, or pulseless extremity
- Amputation proximal to wrist or ankle
- Pelvic fractures
- Open or depressed skull fracture
- Paralysis

**Transport to a trauma center, which, depending upon the defined trauma system, need not be the highest level trauma center.**

## Assess mechanism of injury and evidence of high-energy impact

- **Falls**
  - Adults: >20 feet (one story is equal to 10 feet)
  - Children: >10 feet or two or three times the height of the child
- **High-risk auto crash**
  - Intrusion, including roof: >12 inches occupant site; >18 inches any site
  - Ejection (partial or complete) from automobile
  - Death in same passenger compartment
  - Vehicle telemetry data consistent with a high risk of injury
- **Auto vs. pedestrian/bicyclist thrown, run over, or with significant (>20 mph) impact**
- **Motorcycle crash >20 mph**

**Transport to a trauma center or hospital capable of timely and thorough evaluation and initial management of potentially serious injuries. Consider consultation with medical control.**

## Assess special patient or system considerations

- **Older Adults**
  - Risk of injury/death increases after age 55 years
  - SBP <110 may represent shock after age 65
  - Low impact mechanisms (e.g., ground level falls) may result in severe injury
- **Children**
  - Should be triaged preferentially to pediatric capable trauma centers
- **Anticoagulants and bleeding disorders**
  - Patients with head injury are at high risk for rapid deterioration
- **Burns**
  - Without other trauma mechanism: triage to burn facility
  - With trauma mechanism: triage to trauma center
- **Pregnancy >20 weeks**
- **EMS provider judgment**

**Transport according to protocol**

When in doubt, transport to a trauma center.

Find the plan to save lives, at [www.cdc.gov/FieldTriage](http://www.cdc.gov/FieldTriage)

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**National Center for Injury Prevention and Control**  
**Division of Injury Response**